

ACCSOA Cadet Fact Sheet  
Fall 2025

Substitutions:

- The team with possession can substitute on any corner kick or throw in
- The team which does not have possession cannot substitute during corner kicks or throw ins unless the team with possession is substituting
- Instances where either team can substitute:
  - o When a goal is scored
  - o Injuries
  - o When the game is temporarily suspended
  - o Goal kicks
  - o When a player from either team is carded (yellow or red)
  - o When a player is asked to leave the field because of improper equipment or communicable disease concern
  - o Between periods

Yellow cards:

- When a player receives a yellow card they must leave the field until the next substitution opportunity

Mercy rule:

- \*\*\* NEW FOR 2025 SEASON- The NJSIAA has adopted a “Mercy Rule” for both boys and girls soccer for all interscholastic contests excluding the state championship final game.  
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- The game will end at the 20-minute mark of the second half if the goal differential is six (6) or more goals. After the 20-minute mark of the second half, the game will end once the goal differential becomes six (6) or more goals.

Clock:

- Times when the clock must stop
  - o To give a yellow/red card
  - o Injury
  - o Talk to a player
  - o After a goal
  - o When team in the lead is substituting within the last 5 minutes of regulation or overtime

Uniforms:

- All uniform pieces can be found at All Sports Officials
  - o <https://www.allsportsofficials.com/collections/njsiaa-soccer>
- Additional items (cards, books, papers) can be found on Official Sports International
  - o <https://officialsports.com/>